

HSI HEALTH SCIENCES INSTITUTE

MEMBERS ALERT FOR OCTOBER 2009

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HSI Advisory Panel

Medical Adviser, Martin Milner, N.D.

Professor, National College of Natural Medicine; President, Center for Natural Medicine, Portland, OR; www.cnm-inc.com

Jon Barron

International lecturer, researcher, and author, Los Angeles, CA

Eric Berg, D.C., C.R.A.

Founder, Health and Wellness Center, Alexandria, VA

Hyla Cass, M.D.

Orthomolecular physician and psychiatrist, www.cassmd.com, Los Angeles, CA

Richard Cohan, D.D.S., M.A., M.B.A.

Professor, University of the Pacific School of Dentistry, San Francisco, CA

Isaac Eliaz, M.D., M.S., L.Ac.

Doctor and researcher specializing in integrative medicine and cancer. Sebastopol, CA

M.M. Sree Ganesh, M.D.

Family practitioner, holistic and natural medicine, Petaling Jaya, Malaysia

Ann Louise Gittleman, Ph.D., C.N.S.

Award-winning author, columnist, and media personality, www.annlouise.com, Hayden Lake, ID

Elson Haas, M.D.

Director, Preventive Medical Center of Marin, www.elsonhaas.com, San Rafael, CA

Kohhei (Tadahiro) Makise, M.D.

Medical director, Kyoto Imadegawa Makise Clinic, Kyoto, Japan

Claus D. Martin, M.D.

Founder, Four Seasons Medical Center and Clinic, Rottach-Egern, Germany

Stephen Morrissey, O.M.D.

Founder, Center for Energetic Medicine and Botanica Bioscience, Ojai, CA

Michael E. Rosenbaum, M.D.

Allergy, immunology, and clinical nutrition, Corte Madera, CA

Al Sears, M.D.

Adjunct professor, Barry University, West Palm Beach, FL

Robert Sinnott, Ph.D.

Biochemical technologies and research, Phoenix, AZ

Allan Spreen, M.D.

Advisor on alternative medicine, Discovery Channel, Phoenix, AZ

Leslie Taylor

Founder and president, Raintree Nutrition, Carson City, NV

Randall Wilkinson, M.D.

Board member, American Academy of Environmental Medicine, Coeur d'Alene, ID

The opinions expressed here do not necessarily reflect the views of every panelist each month. The Health Sciences Institute acknowledges occasional differences of opinion among panelists and welcomes the exchange of differing points of view.

“Choking” weed starves tumors by cutting off blood supply

by *Melissa Hickle*

Diagnosed with ovarian cancer, a woman walked out of her doctor’s office in search of an alternative treatment. Her mother had died of the same disease seven years earlier, and this woman’s doctor felt her chances were equally bleak.

So she traveled to Oklahoma from her home in Kansas, where she met a shaman who gave her a tincture made from a common (and—among gardeners—universally hated) plant. She faithfully used the tincture every day. She started to feel her symptoms melting away, and after a year had passed her shocked doctor pronounced her cancer-free.

This woman, though she’s never shared her name, couldn’t wait to share her story. One day, she showed up at The Center for the Improvement of Human Functioning International, a Kansas clinic dedicated to cancer research and treatment. She eagerly told her story, and the team at the clinic found her tale so compelling that they immediately began research.

But they were puzzled at first. The plant didn’t seem to kill tumor cells or boost the immune system. It took almost four years for them to find the answer—and, in a twist out of the movies, it turned out that what made the plant so hated was just about the same thing that made it a breakthrough in cancer treatment.

Miracle extract inhibits all tumors—not just certain kinds

Gardeners and farmers absolutely hate it. Bindweed (*Convolvulus arvensis*) may feature lovely flowers, but it will methodically invade, entwine, and choke surrounding plants, costing over \$350 million in crop losses in the United States alone each year.

But, as these things usually happen, there’s an ironic twist.

That same choking action, loathed by farmers, is loved in the cancer lab. Because an extract of bindweed, comprised of proteoglycan molecules (PGMs), has demonstrated an ability to do the very same thing to tumors.

You see, in order to survive, tumor cells have to have a blood supply. The body isn’t interested in providing them with one, so they have to trick it by releasing chemicals that shift the body’s production of blood vessels into overdrive.

The new blood vessels help tumors to grow unnaturally fast. As they feed off these new nutrient supplies, they grow stronger and harder to fight. But PGMs bring this growth to a screeching halt.

After finding their answer, the team at the clinic tested the extract in animal models of various tumors. In each case, it was able to inhibit growth by 70-99.5%. Triumphant, they classified it as an all-tumor inhibitor, equally effective in inhibit-

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Our Mission

The *Health Sciences Institute* is dedicated to uncovering and researching the most urgent advances in modern underground medicine.

Whether they come from a laboratory in Malaysia, a clinic in South America, or a university in Germany, our goal is to bring the treatments that work directly to the people who need them. We alert our members to exciting breakthroughs in medicine, show them exactly where to go to learn more, and help them understand how they and their families can benefit from these powerful discoveries.

Director
Jenny Thompson

Copy Editor
Ken Danz

Associate Director
Paul Amos

Designer
Gerrit Wessendorf

Managing Editor
Melissa Hickie

Member Services
Jeffrey Byers

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C-Statins

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ing the progression of all tumors. Used with an immune stimulant, it was even more impressive.

100 times more effective than the leading natural “tumor starver”

It all comes down to angiogenesis, the process in which new blood vessels are created from existing networks in the body. In a healthy body, it’s a stop and go process—blood vessels grow, and the brakes are put on before the new growth gets out of hand.

In women, this process occurs monthly during the menstrual cycle, as the lining of the uterus is rebuilt. And in both men and women, angiogenesis is essential to tissue repair after an injury.

But in the case of a tumor, blood vessel growth gets completely out of hand—cells divide more rapidly and spread more quickly than they normally should. This is because tumors secrete substances that block the normal “braking” that should be part of the angiogenesis process.

PGMs work on a particular chemical involved in angiogenesis. Called vascular endothelial growth factor (VEGF), it helps tumors’ blood vessels thrive.

Research has shown that cancer, particularly breast cancer, is linked to too much VEGF showing up in the blood. It’s thought that this overexpression is an early step in metastasis, as tumors feed off the new blood vessels and grow larger. Basically, the more VEGF in the blood, the more likely angiogenesis is going haywire.

Inhibiting VEGF cuts off angiogenesis, leaving the tumor to starve.

For a while, shark cartilage seemed to be the gold standard when it came to natural inhibition

of angiogenesis. But the supporting data was conflicting, and resources are limited, making it expensive. However, PGMs have been found 100 times more effective than shark cartilage when it comes to regulating angiogenesis.¹

Researchers working on PGMs knew they were onto something when they conducted a chicken egg chorioallantoic membrane assay. This is a way to test human tumor cells in conditions similar to those in the human body. In this test, PGMs inhibited new blood vessel growth up to 73%, and cut abnormal cell growth by up to 98.6%.

In a test on mice, the extract inhibited tumor growth by an impressive 70% when taken orally.² In another, the inhibition was at 96.8%, regardless of how the dose was administered. Researchers declared PGMs “a potent angiogenesis inhibitor” and also noted its support of the immune system.³

Tumor growth in various studies was stunted at non-toxic doses (you can’t say that about chemo, can you?). In fact, no toxicity was found in test animals in doses up to a human equivalent of a whopping 1,400 grams.

It is important to note, though, that bindweed does contain toxins before the extraction process. So you can’t use the whole plant—the good stuff is in the extract.

Keep new tumors from developing after conventional treatment

It’s a frightening and disheartening pattern: A tumor is surgically removed, the patient is declared cancer-free, and then it returns. Nearly 50% of cancer patients experience growth of metastases—and it can be years after the original tumor is removed.

A group of doctors at Harvard struggled for years with the question of why new tumors develop

after treatment—and, more importantly, how to keep it from happening. They found that cells in the body normally produce, in balance, proteins that both inhibit and stimulate blood vessel growth. Cancerous tumors put those proteins out of balance, turning down the inhibitors.

Directly around the primary tumor, stimulators prompt blood vessel growth. Both stimulators and inhibitors leak into the bloodstream, where stimulators break down, but inhibitors reach microscopic secondary tumors. Those tumors can't grow new blood vessels, and so they lie dormant.

But—remove the first tumor, and those microscopic tumors suddenly don't have anything keeping them from growing their own networks of new blood vessels. In one experiment on mice, researchers removed the primary tumor from mice with lung cancer, and saw an “explosion” of metastatic growth within just five days. Within two weeks, there were so many tumors that lung function was completely taken over.

So, finding a substance that prevents tumors from building this network of blood vessels is essential to people undergoing conventional treatment. Researchers started developing angiogenic inhibitors in an effort to block metastatic growth.

This led to a few mainstream solutions, most notably Avastin, which puts the brakes on angiogenesis, but can lead to a whole slew of potentially devastating problems (see sidebar).

Why use the mainstream's flawed and dangerous drugs when a safe and natural option is available? An extract of bindweed, rich in PGMs, is available in a product called C-Statin.

Choke out cancer with the most effective angiogenesis suppressor out there

Doctors and patients alike are impressed by C-Statin's ability to choke out cancer. Dr. Freidrich R. Douwes, of the St. George Clinic in Germany (a clinic devoted to alternative cancer treatments), is a big supporter of C-Statin. He praises it for being the most effective suppressor of angiogenesis he's come across, and uses it with most of his patients at the clinic.

Jeff Marrongelle, who has been in practice in Schuylkill, PA for 15 years, has found bindweed extract an invaluable tool in his clinic. If it doesn't shrink the tumor, he notes, it stops the progression and growth

long enough to add other therapies. Every one of his patients who has used it has had positive results.

Another naturopath, Mary Shackelton of Boulder, CO, reports that her patients feel better and find their symptoms reduced on PGM.

Nancy Taylor, a 52-year-old woman from Arizona, has stage 4 metastatic breast cancer. Her white blood cell counts have only been considered low once in the past six months, and she fully believes it is due to taking C-Statin.

Ordering information for C-Statin is in the Member Source Directory on page 8. **HSI**

Citations available upon request and on HSI website

Mainstream might buy you a few months, but at what cost?

Of course, the mainstream has their own answer to angiogenesis—but it invites a whole slew of other serious problems.

Once research showing that cutting off the blood supply could starve tumors started rolling in, the race began. At one point several years ago, more than 60 angiogenesis inhibitors were in clinical trials for the treatment of cancer.

And out of those trials came Avastin. Touted as a landmark in the battle against cancer, Avastin couldn't cure cancer, but it did increase survival by a few months. Now it's used to treat brain tumors as well as cancers of the colon, rectum, lung, or breast.

Given by injection every couple of weeks, Avastin might buy you a few more months of life (20 months vs. 16 months with just standard treatment in one study). But the possible side effects are disturbing.

You may have problems with wound healing, which could result in infection. Avastin can affect fertility, and can also cause a serious neurological disorder that may not show up for a whole year after treatment starts.

And the list of serious side effects is shockingly long, ranging from “vomit that looks like blood or coffee grounds” to completely ceasing to urinate to chest pains. And at the end of the list, this shows up: “This is not a complete list of side effects and others may occur.” There are so many serious side effects, they can't even tell you what they all are! Not exactly comforting, when I'm supposed to “tell my doctor immediately” if any of these unnamed side effects are observed.

No matter how many things like this I come across, I never get used to it—here you have a promising angle in the fight against cancer. And the mainstream is content to turn a blind eye to a *safe* and *natural* treatment that does the job without side effects.

HSI Exclusive: Breakthrough beats the agonizing pain of arthritis

by Michele Cagan, HSI researcher

When your day starts with unbearable pain and stiffness, so bad that you can barely tie your shoes, there's almost no way to have a good day. But that's the norm if you're one of the nearly 27 million Americans suffering from osteoarthritis.

You've probably tried *everything* to get through the day without pain, from over-the-counter analgesics to prescription pain medications. But all of those options come with very dangerous side effects...even the "safest" choice, acetaminophen, which is now known as the leading cause of liver failure.

Then you've got NSAIDs (non-steroidal anti-inflammatory drugs, like ibuprofen and aspirin), which are well known for causing GI bleeds...and thousands of

deaths every year. COX-2 inhibitors (such as Celebrex) are part of the NSAID family, but they come with an extra helping of danger—in the form of a dramatically high risk of heart attack and stroke.

So which do you choose: Debilitating pain or dangerous (even fatal) side effects?

You don't have to choose either appalling option, because we're bringing you another HSI exclusive – a product that's both proven highly effective and exceptionally safe. One that can get you feeling better in **just one week**...and it only gets better from there.

Breakfast staple holds the key to fast pain relief

Here at HSI, we've learned that some of the most effective cures come from very unexpected places. That's the case with Joint Rescue Dietary Supplement, a highly effective treatment for arthritis that comes from, of all places, that very thin membrane between an egg and its shell, called (not surprisingly) eggshell membrane.

Traditionally, eggshell membrane has been used on bee stings (by farmers) and bruises (by, believe it or not, sumo wrestlers)...but not much else. But when some scientists looked more closely at its composition, they started to think it could do much, much more.

It took a while, but researchers finally came up with a viable way

to separate the membrane from the egg and the shell, resulting in a pure membrane product. That first-form product made some osteoarthritis sufferers very happy. In one early study, 500 mg of natural eggshell membrane (NEM) daily brought fast relief to 67 participants with osteoarthritis of the knee.

Within ten days, researchers noted an average 15% pain reduction, coupled with an average 13% reduction in stiffness. After 60 days of using NEM, the subjects experienced better than 50% reduction in pain, and 27% decrease in stiffness.

While the makeup of that NEM and the key ingredient in Joint Rescue Dietary Supplement (called BiovaFlex™) are similar, a proprietary extraction and processing method sets BiovaFlex™ apart from the rest.

Unique processing method sets BiovaFlex™ apart

When I talked to Matt Stegenga of Biova LLC, he explained the technology that makes BiovaFlex™ so different from other eggshell membrane products. It all starts with domestic eggs, which nearly all come from Iowa. Then comes the separation process, where a "bazooka-like" machine pushes the shells through an egg-breaking cycle, literally shooting the membrane out at the end. A natural acid is added to the membranes to neutralize their pH, to make sure the product remains free of bacteria.

What About Egg Allergies?

So far, no one has reported an allergic reaction to BiovaFlex. That's probably because the eggshell membrane contains completely different proteins than egg whites or yolks. In fact, the product was tested specifically with common egg-based allergens in mind, and absolutely no allergic responses have been reported.

That said, if you do have a known egg allergy, check with your doctor before you take any egg-based product.

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But it's the unique Hydro5 process (patent pending) that gives this supplement a truly distinct edge: BiovaFlex™ is water-soluble. And scientists believe that makes this preparation more bioavailable...meaning your body gets more of what it needs to feel—and get—better faster.

BiovaFlex™ is a high-quality protein—a minimum guaranteed 85% protein (though the average batch profiles at better than 90% protein)—purified to contain no ash or calcium, which naturally occur in the eggshell membrane. The high purity of this protein makes it easier to ingest. And this isn't any old pure protein compound. It's composed of well-known healing proteins, in the proportions that nature created, including:

- collagen
- elastin
- chondroitin
- glucosamine
- hyaluronic acid

Most (if not all) of these will sound familiar to you if you've struggled with arthritis, as they've all been shown to support both joints and their connective tissue, and even enhance the structural stability of the synovial joints. In short, it's an arthritis sufferer's dream supplement. Because in just one little capsule, taken just once a day, the initial studies show that your body will get enough of these therapeutic proteins to make the pain go away.

And then there's the unique 'rebound pain' benefit, something you probably won't find with common pain relievers. Normally when people start taking medica-

tion or supplements to treat their arthritis, they start to feel better. So they start increasing their activity...and that's when the rebound pain kicks in with a spike in symptoms. It can take days to get over that new pain and get back to feeling good again. But with BiovaFlex™, that pain spike simply doesn't happen.

To date, two studies have been conducted using BiovaFlex™. The first, a canine study, showed highly promising results. It included 57 dogs with canine osteoarthritis and other degenerative joint diseases, who all began supplementing with the BiovaFlex™ eggshell membrane powder (EMP). The dogs were tracked for 40 days...and the results were even better than expected: 97% of the animals enjoyed increased mobility within seven to ten days. In fact, the trial was so successful that the veterinarian in charge was inundated with requests for more EMP by very happy pet owners.

The second trial brought even more impressive results. This time, 42 people with arthritis (or other debilitating joint pain) were recruited for an open-label pilot study. Each participant received a single 450 mg dose of BiovaFlex™ daily for six weeks, and they were assessed every two weeks for pain level (using the WOMAC scale) and joint mobility. Subjects weren't allowed to use any pain medication (except acetaminophen) during the trial period...and they didn't need to (except for one participant, under unusual circumstances).

When the researchers analyzed the trial results, here's what they had to report:

Joint Rescue Gel Increases the Pain-Fighting Power

Peaceful Mountain's Joint Rescue gel (which I wrote about in last month's Members Alert) contains seven full-strength herbs, giving you their full pain-relieving powers in a quickly-absorbed formula. The combination of ingredients was carefully chosen to make sure that joint pain would be attacked from every possible angle, so you can feel relief right away.

Each of the seven herbs come together to rescue your joints—fast—by working to tackle pain, stiffness, and inflammation. Joint Rescue gel contains a proprietary mix of devil's claw, white willow, arnica, comfrey, poke root, turmeric, and celery seed...a sure bet to put an end to your joint pain.

- Within just 7 days, pain symptoms decreased by more than 8%...and dropped even further—to 16% from baseline—within 14 days
- WOMAC pain scores decreased by 20.78% by the end of the study
- Knee functionality improved by nearly 10% within two weeks
- Specific activity pain was also reduced substantially, such as an average 24.69% decrease while going up or down stairs, and an amazing 31.58% pain reduction while standing

Those results are actually even better than they seem at first glance. Those decreased pain numbers

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Could two kitchen favorites ward off swine flu?

by *Melissa Hickle*

As I watched the panic over swine flu build over the last several months, I started to get a little worried. About the flu itself, sure, but I worried even more over what mainstream medicine offered as an answer. Whole camps and schools full of children being given Tamiflu preventatively (it causes some pretty nasty side effects). The CDC going ahead with a vaccine plan despite the lack of evidence for both effectiveness and plan *safety*.

I couldn't help but wonder if we were going to end up in an even worse spot thanks to these efforts to control the flu. Then my eyes settled on a little bottle on my desk.

A formula I take with me every time I get on a plane—I simply won't travel without it. A formula that is clinically proven to keep viruses and airborne infections from invading the body.

I've been using it to ward off colds successfully for a few years now. And I had to wonder—if this simple formula blocks viral infections from ever taking hold of your system, could it protect us from swine flu?

I immediately opened a new email, eager to find out if my idea had any weight to it.

It turns out my hunch could be right. Nasaleze Travel, the little bottle that's been my constant travel companion, could actually play an important role in protecting your family from swine flu (and all manner of other nasties). Without worrying about the side effects of Tamiflu, and without injecting unproven vaccines into your system.

Proven by thousands of years of use

My email was almost immediately answered by Matt Duxbury, the Export Director for Nasaleze (it's made in the UK). Matt immediately put me in touch with Peter Josling, a UK expert on garlic and colds who actually conducted a clinical study on Nasaleze Travel back before this whole swine flu mess blew up.

Peter commented on the overuse of anti-viral drugs (maybe you've noticed Tamiflu is being given out like candy to school-

children whether they're infected or not). He takes comfort in knowing the natural anti-viral ingredients in Nasaleze Travel have been used for thousands of years with no problem.

He went on to tell me that peppermint and wild garlic are both "excellent natural anti-viral agents." Explaining how Nasaleze Travel works, he said it uses a special cellulose (the main component of cell walls in plants) to trap viral particles in the nasal cavity. Unlike liquid nasal sprays (which are usually just drained by the nasal tract anyway), this one uses a cellulose powder, which turns into a gel on contact with the moisture in the nasal cavity.

This gel is similar to normal mucus, acting as a barrier against inhaled pollen, dirt, allergens, and other invaders. It naturally inhibits bacteria and viruses, but only to a certain extent. Of course, Nasaleze Travel goes a step further with the natural anti-viral power of peppermint and wild garlic extract. They destroy the nasties that get trapped in the gel formed by the cellulose.

Nasaleze Travel cuts infections by about 65%

Now, there haven't been any clinical trials on Nasaleze Travel and swine flu, though Matt said they're discussing the possibility. Still, I just had to tell you about it because of Peter's comments and my own personal experience with the formula, and because of Nasaleze Travel's power when it comes to preventing cold viruses from taking hold of your body.

Tips? Success stories? Discovered a breakthrough product? Tell HSI!

Have you beat an illness with something you read about in the HSI *Members Alert*? Is there a product you absolutely can't live without? We want to know about it! If you have a personal success story or testimonial about a product, why not share it with other HSI members through the *Members Alert*?

We'd also like to hear from you if you've made a natural health discovery. Are you using a product we haven't covered in the *Members Alert*? Don't keep it a secret!

Please send a letter to MembersAlert@healthiernews.com or to Managing Editor Melissa Hickle at 702 Cathedral Street, Baltimore, MD 21201. Your name can be withheld upon request.

But clinical studies have shown that taking Nasaleze Travel daily or before entering an environment likely to be high in airborne germs can significantly reduce the chances of catching a cold.

And in a pilot study on the formula, 52 volunteers received either a plain cellulose spray or one with powdered garlic extract (Nasaleze Travel). The active treatment group had significantly fewer colds than the group taking plain cellulose (about 65% fewer infections).

They also experienced far fewer “sick days”—126 days of illness in the active group versus 240 days in the control group. And while 11 volunteers in the control group experienced multiple infections, only 2 in the Nasaleze Travel group did.

The only drawback reported by the active group was that they could easily taste the powdered garlic extract, but it didn’t keep anyone from using it.1

I have to say, while the peppermint does mask the taste a bit, the garlic is definitely there. I did get used to it, though, and in my opinion it’s more than worth it.

Dr. Ron Cutler, principal lecturer in microbiology at the University of East London, has also been supportive of Nasaleze Travel. He says, “Nasaleze Travel works by strengthening the nasal barrier against external germs and irritants, it actually helps the nose to filter out germs and dust so preventing the viruses and airborne infections from invading the body. You could say it’s an addition to the body’s armory to help protect against colds and flu—before they start.”

Like I said, my own personal experience with Nasaleze Travel has been nothing but positive—no matter how much the person in the seat behind me coughs, no matter how crowded the plane, I am getting far fewer “travel colds” nowadays. And, believe me, I used to pick up every bug that came my way.

For the latest coverage on swine flu (and all of your other most urgent health concerns), be sure to sign up for the HSI *e-Alert*. It’s delivered to your email inbox five days a week and covers all the late-breaking health news too urgent to wait for the next issue. Visit www.hsibaltimore.com to enroll.

Ordering information for Nasaleze Travel is in the Member Source Directory on page 8. **HSI**

Citations available upon request and on HSI website

And another thing...

...First the good news: In a study that included about 275 patients with chronic obstructive pulmonary disease (COPD) and 340 healthy control subjects, researchers found a link between soy product consumption and a lower risk of lung disease. And now the bad news: The study was conducted in Japan. That’s not a reflection on Japanese research, it’s a reflection on Japanese soy, almost all of which is fermented and served in forms such as miso, natto, and tempeh. Without fermentation, soy phytates block absorption of proteins and minerals. Nearly ALL the soy produced and consumed in the U.S. is NOT fermented.

...It’s a no-brainer: Restricted calorie intake is one of the keys to effective weight control. But a new study with rhesus monkeys suggests a wide range of additional health benefits. Researchers divided about 75 monkeys into two groups. One group received a diet in which calorie intake was strictly limited, while the other group was allowed to eat freely. After 20 years, 80 percent of the calorie-restricted monkeys were still alive, compared to only 50 percent in the control group. In addition, cancer and heart disease rates were reduced by half in the calorie-restricted group and mental faculties were significantly better. Cases of type 2 diabetes were only found in the free-eating group. In previous research, similar long-term calorie restriction in humans resulted in slower cardiovascular aging.

And, in case you didn’t see it in the *e-Alert*...

...Researchers at Stanford University theorized that the use of pedometers to count steps might also serve as a motivational tool. The Stanford team found 26 different studies that followed more than 2,700 subjects with an average age of 49. Analysis showed that exercisers increased their physical activity by nearly 27 percent after they started using pedometers. The average study length was 18 weeks, and over that period pedometer use was shown to accelerate weight loss and significantly decrease

And another thing...

(continued from page 7)

systolic blood pressure. But researchers note that two additional elements are needed: 1) Subjects who kept a daily step diary significantly increased the number of steps they took, and 2) Subjects who didn't set goals for daily step counts failed to significantly increase their physical activity.

...A low-glycemic diet can help reduce the risk of type 2 diabetes. New research shows that vision may also be protected. In a five-year trial that included nearly 4,000 older subjects, those with high-glycemic diets had a significantly higher risk of developing age-related macular degeneration (AMD) compared to subjects who followed low-glycemic diets. AMD is the leading cause of blindness in people over the age of 50. Low-glycemic foods (such as meat and many fruits and vegetables) prompt a slow increase in blood sugar levels, while high-glycemic foods (such as foods with added sugar, processed baked goods, and starchy foods) produce a quick spike in blood sugar levels. Over time, a heavy intake of high-glycemic foods promotes insensitivity to insulin.

To your good health,

Jenny Thompson
Jenny Thompson

For FREE access to urgent health information, visit www.HSIBaltimore.com today to enroll—absolutely FREE.

Joint Supplement

(continued from page 5)

show up despite the fact that participants got more active as they felt better, which usually leads to a temporary reversal of pain relief. As activity intensifies for people who haven't been able to move around much, new pain gets triggered.

But since eggshell membrane actually has healing properties—rather than just pain-masking capability—It makes a lot of sense that this rebound pain simply doesn't occur. And that means you can feel better and act on that, without risking painful flareups. Plus, when people stopped taking the product at the end of the trial, there was no immediate pain recurrence reported...something that

doesn't typically happen when pain medications are stopped.

More studies are planned for the near future, to learn just how effective this eggshell membrane supplement is. And they've agreed to let us know when they start recruiting for the next round of clinical trials...so you'll have a chance to participate, and be among the first to experience this product's full potential. I'll keep you posted on all new developments.

The recommended dosage for Peaceful Mountain's Joint Rescue Supplement is one capsule daily, taken with or without food. Ordering information is in the Member Source Directory below. **HSI**

Citations available upon request and on HSI website

MEMBER SOURCE DIRECTORY

C-StatIn, Aidan Products. Ph (877) 272-3508; www.aidanproducts.com. A bottle of C-StatIn is US\$98.00. Mention you are an HSI member for a \$20 discount and free shipping.

Joint Rescue Dietary Supplement, Peaceful Mountain. Ph (888) 303-3388; www.peacefulmountain.com/hsi. A 30-count bottle is normally US\$29.95, but HSI members will receive a 20% discount for 3 months for being early adopters. For phone orders, mention HSI and receive the same discount.

Nasaleze Travel, Nasaleze International. Ph 011-44-1274 518290; http://www.nasaleze.com/us/order_nasaleze_travel.php. A bottle of Nasaleze Travel is US\$15.95 (with free shipping). Purchase 3 bottles in a "Family Pack" and get a 4th free.

HSI website log-on info (OCTOBER):

Username: oct9 Password: detox

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