



# PROSTATE-RES™

Herbal Supplement Prostate Formula\*



Prostate-Res is a synergistic blend of high quality herbal extracts based on an ancient Chinese remedy.

## Product Summary:

The clinical success of PC-SPEs, a prostate formula widely used by doctors and backed by scientific research, was the basis of the Prostate-Res™ formula. Prostate-Res™ was formulated to closely match the proprietary blend of the eight Chinese herbs that comprised PC-SPEs. We then went one step further to concentrate and highly purify this formula.

To provide a comprehensive, all-in-one prostate support formula, we added three complementary ingredients to help support prostate health:

**Diindolylmethane (DIM)** is a compound found in cruciferous vegetables, which are vegetables of the mustard family. Studies have shown that DIM inhibits abnormal cell growth in vitro and promotes apoptosis (regulated cell death) of abnormal cells.<sup>\*1</sup>

**Sterolins** are plant fats found in all fruits and vegetables. Numerous studies have shown that sterolins help promote healthy function of T-lymphocytes, cells that are a key component of the immune system. Sterolins also elicit secretion of immune-modulating proteins from these cells, resulting in enhanced viral and bacterial resistance by the body.<sup>\*\*\*\*</sup>

**Nattokinase** is an enzyme derived from the Japanese food natto. Dr. Hiroyuki Sumi, M.D. noted that the sticky part of natto had potent fibrinolytic ("blood clot busting") activity that was "matched by no other enzyme". Since then 17 studies have been performed with nattokinase. Researchers for JCR Pharmaceuticals, Oklahoma State University, and Miyazaki Medical College demonstrated the ability of this enzyme to dissolve blood clots faster and with longer lasting clot-busting activity in healthy volunteers. Nattokinase may also promote breakdown of fibrin coating on abnormal cells.<sup>\*3-6</sup>

## Each Capsule Contains:

**Proprietary Blend**.....365 mg  
Diindolylmethane  
Sterolins  
Nattokinase  
Reishi (*Ganoderma lucidum* Karst) (Stem)  
Baikal Skullcap (*Scutellaria baicalensis* Georgi) (Root)  
Rabdosia (*Rabdosia rubescens* Hara) (Leaf)  
Dyer's Woad (*Isatis indigotica* Fort.) (Leaf)  
Mum (*Dendrathera morifolium* Tzvel.) (Flower)  
Saw Palmetto (*Serenoa repens* Small) (Berry)  
San-Qi Ginseng (*Panax notoginseng* Burk.) (Root)  
Licorice (*Glycyrrhiza uralensis* Fisch) (Root)

**Form:** 90 Capsule Bottle Dietary Supplement

**Suggested Intake:** As a dietary supplement, take 2 capsules before bedtime. For extra benefit, take 2 additional capsules in the morning or as directed by a health care professional.

**Caution:** Not intended for use by women or individuals under the age of 18. Do not take excessive amounts. Seek the advice of a health care professional before using this product or any dietary supplement.

## References:

1. Hong C, Firestone GL, Bjeldanes LF. Bcl-2 family-mediated apoptotic effects of 3,3'-diindolylmethane (DIM) in human breast cancer cells. *Biochem Pharmacol* 2002 Mar 15;63(6):1085-1097.
2. Bouic PJ. The role of phytosterols and phytosterolins in immune modulation: a review of the past 10 years. *Curr Opin Clin Nutr Metab Care*. 2001 Nov;4(6):471-5.
3. Natto-Traditional Japanese Fermented Soy Beans with Recently Discovered Health Benefits and Novel Industrial Applications, *Enzyme Wave*, Volume 3, June 2002, Amano Enzyme, Inc., page 2-4.
4. Sumi H. Healthy Microbe "Bacillus natto". *Japan BioScience Laboratory Co. Ltd.*
5. Maruyama M, Sumi H. Effect of Natto Diet on Blood Pressure. *JTTAS*, 1995.
6. Sumi H, Hamada H, Tsushima H, Mihara H, Muraki H. A novel fibrinolytic enzyme (nattokinase) in the vegetable cheese Natto; a typical and popular soybean food in the Japanese diet. *Experientia* 1987, Oct 15; 43 (10): 1110-1

\* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.